

Favorite Holiday Recipes

Diane Bartlett (Program Manager & Social Worker): Magic Reindeer Food

Combine the following in a bowl to sprinkle on your lawn Christmas Eve. The glitter will attract the reindeer's attention to find your house and the oats will be a yummy treat for them while Santa visits.

1 cup dry oatmeal

1/2 cup sugar/sprinkles

Dash of glitter and/or tiny sequins to capture the light.



Alicia Osgood (RN Navigator): Holly Jolly Santa Cookies

A cup of milk and a portrait cookie is the best gift to leave Santa as he sneaks through your house on the night of Christmas Eve. These vanilla sugar cookies rolled into the fattest Santas are sure to brighten his night. (Recipe link is below.)

Mo Fung (Pharmacist): The Elves' Christmas Muddy Buddies

"We elves try to stick to the four main food groups: candy, candy canes, candy corns, and syrup." Create a sweet treat for all the little elves that packed the up the sleigh for Santa! (Recipe link is below.)



If you would like more information or want to speak with your HTC Team about Wednesday Wellness, please contact Diane or Alicia at (208) 381-2782.