

What Happens to Joints After Frequent Bleeds?

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(Full Article Link Below)



Repeated bleeds can lead to lasting joint damage. That's why it's important to recognize bleeds and act quickly if one occurs. Read on for more about why cartilage degradation happens and what someone with a bleeding disorder can do about it.

<https://hemaware.org/mind-body/what-happens-to-joints-after-frequent-bleeds>

If you would like more information or want to speak with your HTC Team about Wednesday Wellness, please contact Diane or Alicia at (208) 381-2782.